

YES!

I will be a member of Community Living Peterborough
(Covering the period from July 1, 2007 - June 30, 2008)

- Individual \$20.00 Corporate \$50.00
- Family \$30.00 Associate \$10.00

Members in good standing must be minimum age of 18yrs.
Single Membership - one vote Family Membership - two votes
Associate Membership - no vote Corporate - one vote

Last Name: _____

First Name: _____

Address: _____

City/Town: _____

Postal Code: _____ Tel: _____

CHARGE MY MEMBERSHIP TO:  

Card # _____

Expiry Date: ____mm / ____yy

Signature _____

Date: ____mm / ____dd / ____yy

Please detach and return with membership fee to:

Community Living Peterborough
Attn: Caryl Amyotte
223 Aylmer Street Peterborough
Ontario K9J 3K3

Cheques may be payable to:
Community Living Peterborough

MY SELF people exercise rights

Continued from front

In the words of the Peer Educators:

"It is most important to teach Rights. There are a number of ways to teach people about their Rights and one of the ways is through peers because they are seen as equal and not as authority. " - Peter Bascan, President

"Authority is something to rebel against. It makes one feel unimportant and tiny. When we teach we feel important. We see staff in leadership quite a lot but when we lead, it is different. Our peers see that they can achieve.." -Linda McHattie

"Our peers can relate better to us as we share similar experiences. " - Laura Challice

"CLP shows respect and belief in us. We can do it" - the Peer Educators Team.

"Teaching staff is a really good feeling. We feel equal and have something to offer. We can speak for ourselves. When we teach staff, we think they see us differently and that we can speak up for ourselves. We feel equal." - the Peer Educators Team

Believing in oneself and in one's rights begins right here, in this very place where people live, work, learn and play.

In the words of Eleanor Roosevelt:

"Where, after all, do universal human rights begin? In small places, close to home - so close and so small that they cannot be seen on any map of the world. Yet they are the world of the individual person: The neighbourhood he lives in; the school or college he attends; the factory, farm, or office where he works. Such are the places where every man, woman and child seeks equal justice, equal opportunity, equal dignity without discrimination. Unless these rights have meaning there, they have little meaning anywhere. Without concerted citizen action to uphold them close to home, we shall look in vain for progress in the larger world."



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Opening Doors

COMMUNITY LIVING PETERBOROUGH
Building Inclusive Communities

September 2007
Volume 3 Issue 3

A publication by:



MY SELF...
People exercise rights

Front Feature



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People choose where and with whom they live

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People choose and realize personal goals

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Pathway to Excellence... Quality in Motion

Community Living Peterborough has set its sights on becoming an Accredited agency in 2008 to validate its quality supports and services.

people are connected to natural support networks people have intimate relationships

people have the best possible health people are treated fairly

people experience continuity and security people decide when to share personal information

people are safe

people are free from abuse and neglect

The Council on Quality and Leadership (CQL)
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MY SELF people exercise rights

People with disabilities have the same rights as all other citizens. Supporting people to exercise their rights begins with information, education, and discovery in order to identify the rights important to each person.

It is quite intriguing to reflect over the past years and to witness the evolution of thoughts and beliefs about people with intellectual disabilities. To be challenged as professionals, and as individuals, to see people differently, to redefine our supports and services, and then to put into action the belief in people's rights, has been a complex process of awakening to new possibilities and opportunities.

It is inspiring to witness what putting this process into action in their day to day lives has meant to people receiving services and supports. People have risen to the challenge: to learn about their rights and responsibilities, to see themselves differently, to find their very own voice and speak up for themselves. They are evolving from people who have been oppressed by negative images and attitudes, to people claiming their rights as citizens of Canada. They are showing to the world that when people are respected and valued, they have much to contribute and to teach.

This belief in people's rights, and the recognition in their capacity to teach & to learn from each other led to Community Living Peterborough contracting with People First Peterborough Chapter to develop the Peer Educators Team. Their focus is to provide educational workshops and presentations to both their peer group and to staff. Thus far, a 12 week Workshop on "Rights" and a day workshop on "Customer Satisfaction and Complaint Procedure".

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www.communitylivingpeterborough.ca

contact Us

MISSION
Community Living Peterborough

To inspire respect and equality for people with an intellectual disability by promoting community knowledge, organizational excellence and individual quality of life.

people choose where they work
people use their environments

people choose services
people perform different social roles

people interact with other members of the community
people live in integrated environments

MY WORLD people choose where and with whom they live

Home is a place where we find comfort, support, pleasure, and privacy. Choosing the place where we live and the people we live with are important personal decisions that everyone should have the opportunity to make.

Laura's Move...

My name is Laura Challice and I moved into my new apartment the week after Labour Day. I have epilepsy and Cerebral Palsy and lived at home for 21 years and have finally made this big accomplishment that everyone has to do at some point right? This is my story on why and how it happened.

First of all why did I move? I wanted to move out on my own because I wanted to have some more independence and give mom and dad a lot more freedom from driving me around. I was getting busier in my life and I'd have to start paying them if they drove me anymore. Mom, dad and I all agreed I should take the next step in my life which of course was moving out.

Why did I pick Peterborough? Because I sit on two committees here, the Heads Up For Inclusion Committee and Community Living Peterborough's Quality Enhancement Committee. Community Living also has a Peer Educators Committee which I am also involved with. People First is also on my agenda and my week would not be complete without the Dream Players Theatre Troupe.

I also wanted to make the move so I could make new friends and develop new relationships. I felt kind of isolated in Cavan. Everyone my age had moved to Peterborough themselves or further away.

people choose personal goals

people realize personal goals

people have friends

people are respected

MY DREAMS people choose and realize personal goals

Our goals reflect what we want for the future. Goals can be formal statements about what people want to do or accomplish in the years ahead, or informal expectations, wishes, and hopes about the future.

Each of us has our own unique goals. When we have the opportunity to explore our world and interact with our community we build on our gifts and interests. We evolve as people and have more to give. What greater joy than the inner glow of giving to others, not just material things but to share our unique talents.

MY DREAMS people choose and realize goals

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with her goal being to write a short story for children. She knew in order to make this happen it would take a lot of hard work and planning. In preparation, Susan passed a pre-requisite test for acceptance into a writing course, and took a computer course at Lakefield Learning Centre. She also matched up with a one-to-one tutor who shared Susan's passion for writing. Not only did Susan complete her first children's short story, she has gone on to write several more.

The accomplishment of true success through her short story writing gave Susan the confidence and skill to take on a role that she knew she was ready for, "Leader". Susan felt she was not alone in her struggles with equal rights, and wanted to do something about it. Her dream was to revive the People First movement in Peterborough; a self advocacy group involving people with intellectual disabilities who have been negatively labeled. With enthusiasm and compassion, Susan co-founded the group and spent five years providing her valuable leadership skills to help create a strong organization where people have learned their strengths, citizenship, and to use their voices. Susan's vision for a local People First Chapter has led to a movement of self-advocacy empowerment both outside and within Community Living Peterborough. When Susan sees the group giving presentations, participating in local forums and leading workshops to their peers, her face lights up with pride knowing that her vision was the beginning of this vital and dynamic group.

Giving to others is a major part of who Susan is. She has a gift for volunteering with seniors in particular. Community Care recognized Susan with a five year pin for her years of commitment and compassionate work making Telephone Reassurance calls, (she then went) on to be honoured with a Provincial Volunteer Recognition Award. This accomplishment was a major highlight for Susan, but more importantly her success came from assisting seniors living alone, and making a difference in their lives. The journey on the road to this achievement was the true prize.

Susan accepting her

Provincial Volunteer Award

importantly her success came from assisting seniors living alone, and making a difference in their lives. The journey on the road to this achievement was the true prize.

With her continuous thirst for knowledge and growth, Susan keeps herself actively involved in the life of the community; such as, taking swimming lessons at Trent, getting her fishing license, performing with the Bell Choir, renting a local garden plot, taking Thai Chi classes, getting her WHMIS and Food Handlers Certification, and the list goes on and on. By nurturing her interests and talents she continues to evolve as a person and choose and develop goals that mean the most to her.

They say if we quit growing, we have quit truly living.



Social capital describes the ties and trust that we have with other people, including family, friends, neighbours, social groups, colleagues, and service providers. Strong social capital enables all of us to live healthier and happier lives, increase our community connections, and exercise choice and self-determination.

Peterborough City Summer Soccer Camp



1st timer Josh Peers learns to be the "keeper" and makes friends along the way

Shish Kabob Hut Restaurant



Chasity Ellis loves her job and being part of the Shish Kabob Hut Team

Trapalanda Equestrian Centre



Stone Shearer discovered his love for horses this summer



Alzheimer Society of Peterborough

Dave Collins finds meaningful volunteer position

VISION

Community Living Peterborough

That all people live in a state of dignity, share in all elements of living in their community and have the opportunity to participate effectively.