

Personal Outcome Measures are a tool used to measure the quality of life of people supported and the quality of services and supports provided to people by Community Living Peterborough.

## **PERSONAL OUTCOME MEASURES®**

### **My Self**

- People are connected to Natural Support Networks
- People have intimate relationships
- People are safe
- People have the best possible health
- People exercise rights
- People are treated fairly
- People are free from abuse and neglect
- People experience continuity and security
- People decide when to share personal information

### **My World**

- People choose where and with whom they live
- People choose where they work
- People use their environments
- People live in integrated environments
- People interact with other members of the community
- People perform different social roles
- People choose services

### **My Dreams**

- People choose personal goals
- People realize personal goals
- People participate in the life of the community
- People have friends
- People are respected

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*Opening doors to equal opportunities for people with intellectual disabilities*